



**Increase and development of manual skills and physical vitality of citizens
of the European Union over 50 years**

8th MAY 2019

11.00 – 13.00 Coordinators meeting

Program:

11.00 – 12.10

10 minutes Power Point (or Prezi) presentation about project activities (each country)

12.10 – 12.40

Actual info – economy, cash flow, documents, other activities, Brno meeting (sport presentation), Lubsko meeting (work shops presentation)

12.40 – 13.00

Discussion



TEMPLATE

Technical university in Zvolen, Slovakia
University of the Third Age in Zvolen

Coordinator:

Mr. Erik Selecky – head of Center of Continuing Education

Assistant of coordinator:

Mr. Tomas Kiss – manager of CCE,

Mrs. Dana Stimelova – manager of UTA Zvolen

Teachers:

Mrs. Karin Baisova – sport

Mrs. Miroslava Durickova – work shop

Web page:

<https://utv.tuzvo.sk/en/idemasap-50>

FB:

<https://www.facebook.com/groups/335322087207286/>

YouTube:

<https://www.youtube.com/user/utvzvolen> - YouTube channel TU Zvolen



Project activities

Participants:

Sport group:

Mr.Slovak, Mr.Bakic, Mrs.Ruskova, Mr.Polas, Mr.Olostiak, Mr.Dobrocky, Mrs. Vajdova, Mrs.Gajdosova, Mr.Gajdos, Mr.Mochnacky, Mrs. Samlekova, Mrs.Dendakova (12)

Time, date, place of study program:

Every Wednesday from 7,30 to 9,00 – Sport hall Technical university
From 6th march to 29th may (total 20 hours/10 meetings)

Work shop group:

Mrs.Ohrivalova, Mrs.Michalцова, Mrs.Primusova, Mrs.Benicka, Mrs.Huckova, Mrs.Machalova, Mrs.Cunderlikova, Mrs.Ukropova, Mrs.Deakova, Mrs.Stadtruckerova, Mrs.Malcekova, Mrs.Volckova (12)

Time and date of study program:

Every Friday from 9,00 do 10,30 – manufactory of Mrs.Durickova
From 8th march to 24th may (total 20 hours/10 meetings)



Other project activities

Participants:

ZUMBA:

More than 40-50 participants (see list of participants) – 1 group

Time, date, place:

Every Tuesday from 10,30 to 11,30 - Sport hall of Technical university
From 5th march to 28th may (total 13 hours/13 meetings)

AQUA AEROBIC:

More than 30-40 participants (see list of participants) – 2 groups
Total participants: 70

Time, date, place:

Every Thursday from 11,30 to 12,30 – swimming pool of Zvolen town
From 5th march to 28th may (total 13 hours/13 meetings)



Facebook participants

Administrator:

Erik Selecky

Management:

Tomas Kiss

Sport group:

Mrs.Baisova – lector

Mrs.Ruskova, Mr.Slovak, Mr.Polas, Mr.Gajdos (4/12)

Work shop group:

Mrs.Durickova - lector

Mrs.Cunderlikova, Mrs.Michalcova, Mrs.Benicka, Mrs.Ohrivalova, Mrs.Huckova, Mrs.Malcekova, Mrs.Deakova, Mrs.Volckova (8/12)

Photo gallery – main activities – sport



Photo gallery – main activities – work shops



Photo gallery – other activities





Video gallery

First meeting in Zvolen (september 2018)

<https://www.youtube.com/watch?v=BSTGAsJAK0A&t=19s>

IDEMASAP – project meeting with Slovak seniors

https://www.youtube.com/watch?v=ym4H_VmaFtw&t=24s

Media



[Slovakia - Echo - regional journal in Zvolen - feb 2019](https://utv.tuzvo.sk/en/media) (<https://utv.tuzvo.sk/en/media>)

[Slovakia - Zurnal - regional journal in Zvolen - feb 2019](https://utv.tuzvo.sk/en/media) (<https://utv.tuzvo.sk/en/media>)

[Slovakia - TUZVO - journal of TU in Zvolen - dec 2018](https://utv.tuzvo.sk/en/media) (<https://utv.tuzvo.sk/en/media>)



Thank you