

SENIOR UNIVERSITY

University Programme for Older Adults of the University of A Coruña

**KICKOFF MEETING IDEMASAP 50+
Technical University in Zvolen
Zvolen, Slovakia.
September 2018**

The **University of A Coruña** is a public university, established in 1989 and located in the cities of A Coruña and Ferrol, Galicia (North West of Spain).



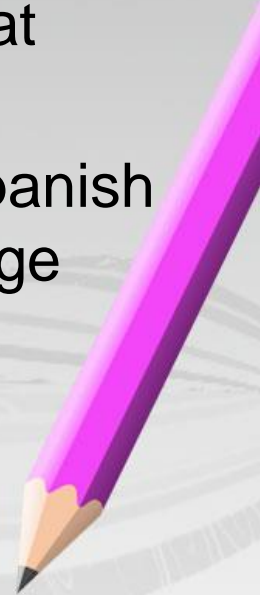
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Galicia – Spain



- Near 3 million people live in Galicia, mainly in the coastal area. The cities of A Coruña and Vigo are the two most populous cities.
- The capital, Santiago de Compostela, is the end of the Way of Saint James, a historical European route of pilgrimage and communication of Culture that started in the Medieval Age.
- The two official languages are Spanish and Galician, a Romance language similar to Portuguese.



A Coruña

- The city of A Coruña is located in the north west of Galicia.



A Coruña



University of A Coruña

[Promotional Video of the UDC](#)



with European and international agreements and bilateral programmes.



The diffusion of knowledge and culture through university extension and lifelong learning is one of the functions of the University. In order to develop this foundational and legal function, the University of A Coruña launched in 2001 a special degree for older learners:

The Senior University.



The Senior University awards degrees for over 50's that are unemployed and seeking to update and develop their knowledge and skills according to their cultural interests.



www.udc.es/senior





- The degree programme consists of four 1 year courses (each lasting 8 months, from October to June, and worth 9 credits), making a total of 36 credits.
- Students receive 3 or 4 sessions per week (i.e. lectures, seminars, skills workshops, etc.).



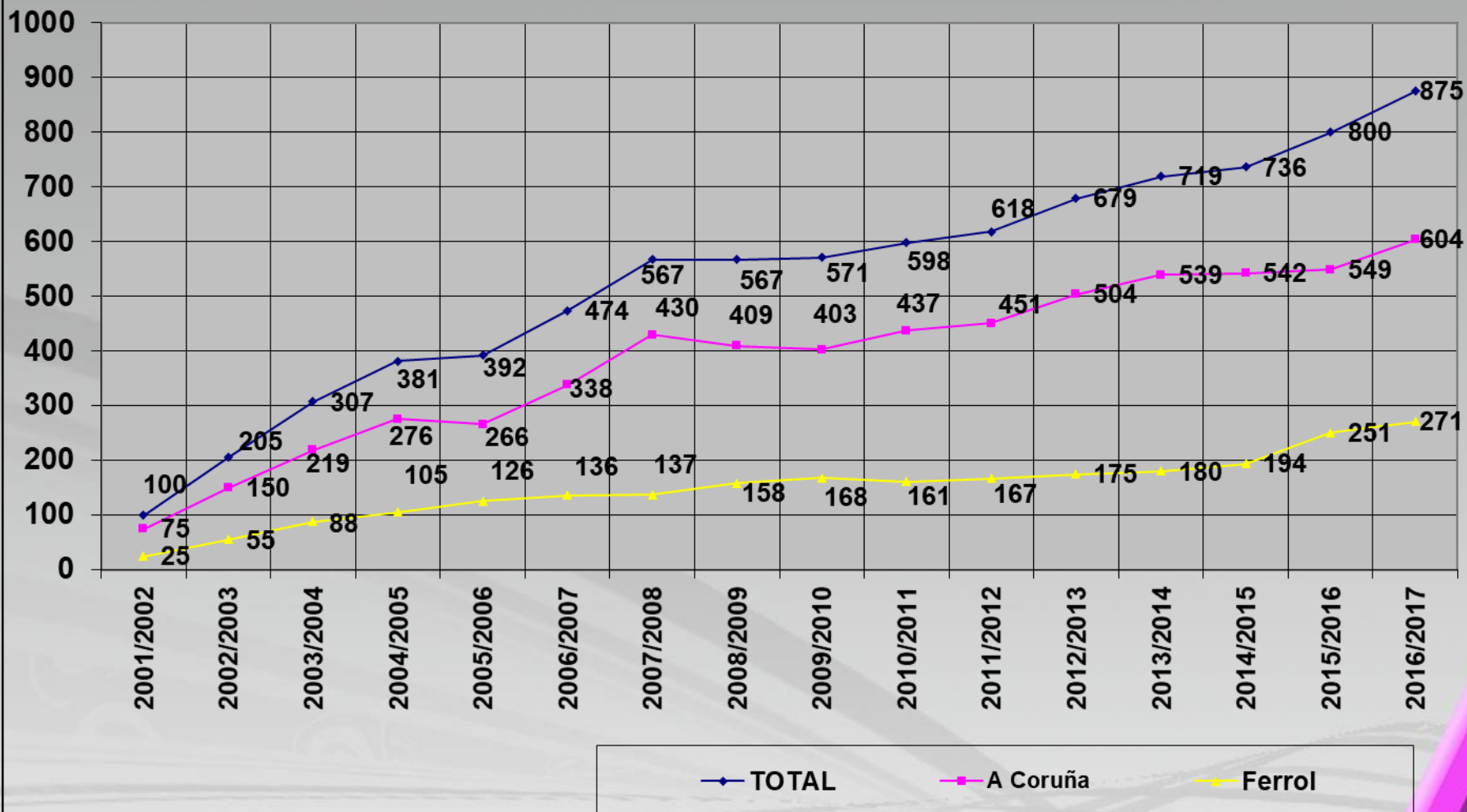
- Each learner studies two compulsory subjects per year plus one they choose.
- The subjects belong to the following areas:
 - Humanities and Social Sciences.
 - Science and Technology
 - Health Sciences



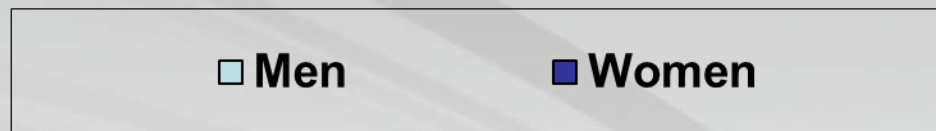
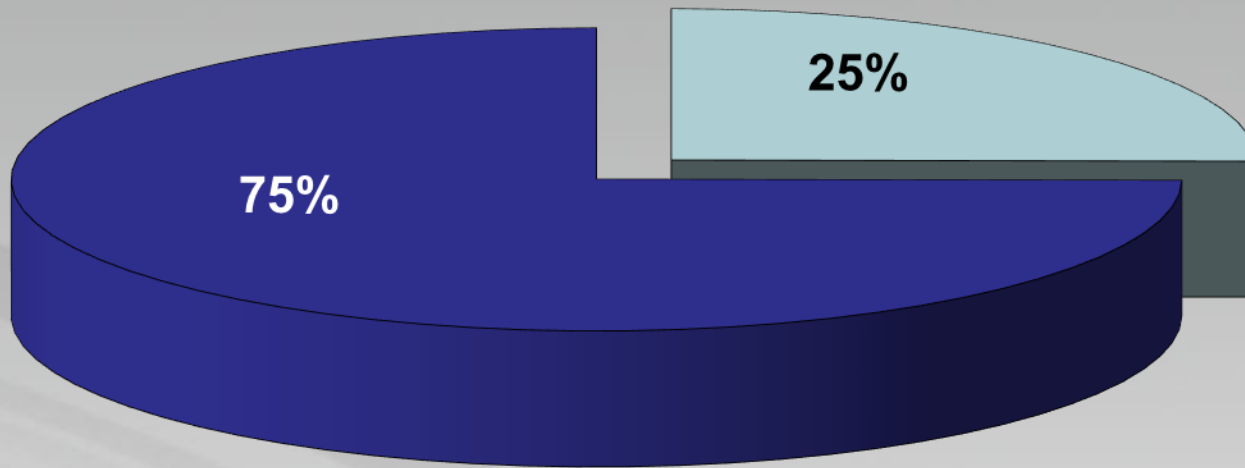
After four years students graduate with the *Título de Graduado Senior pola Universidade da Coruña* [Senior University Degree]. This is a personal development award and not a professional qualification.



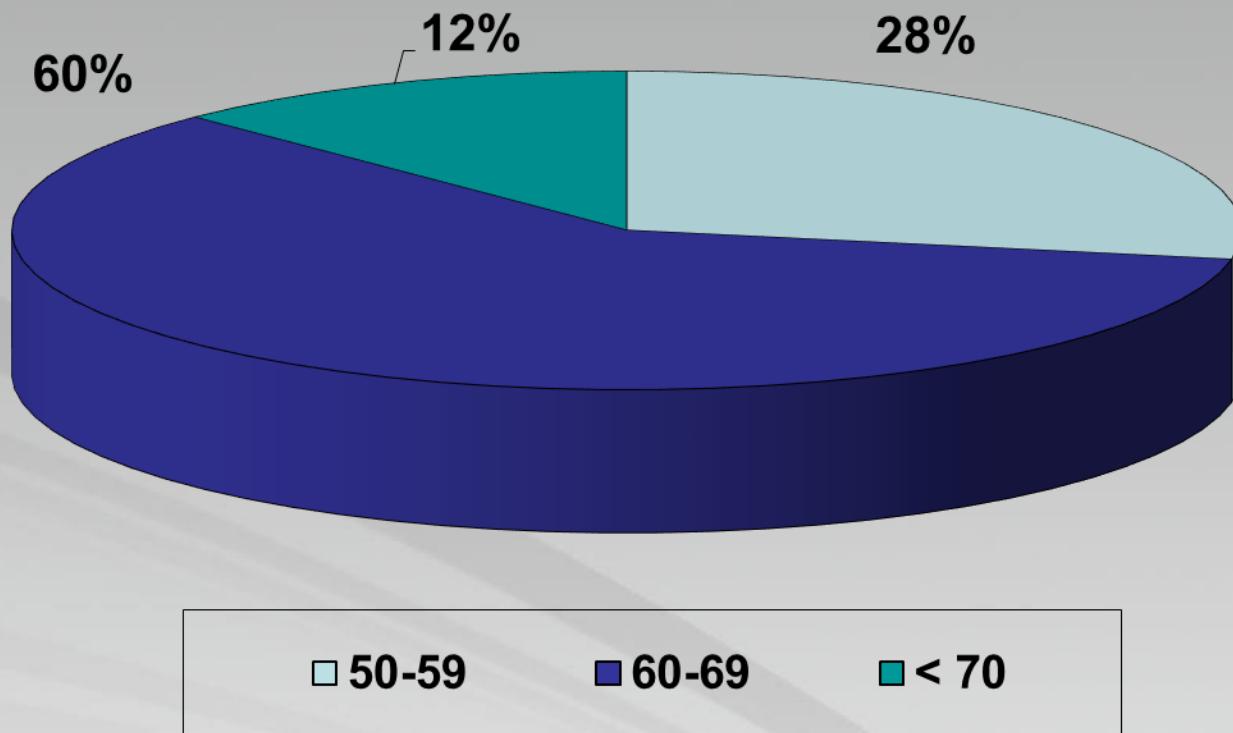
NUMBER OF LEARNERS



Gender of learners



Age of learners





Senior University of A Coruña

Promotional Video of the [Senior University – UDC](#), realized by our senior learners



EUROPEAN DIMENSION – U.SENIOR

- The involvement of the Senior University in the development and implementation of European Educational projects started in 2003.
- It has continued without interruption until the present academic year 2015-2016. During this time, the Senior University has participated mainly in Learning Partnerships.



EUROPEAN DIMENSION – U. SENIOR

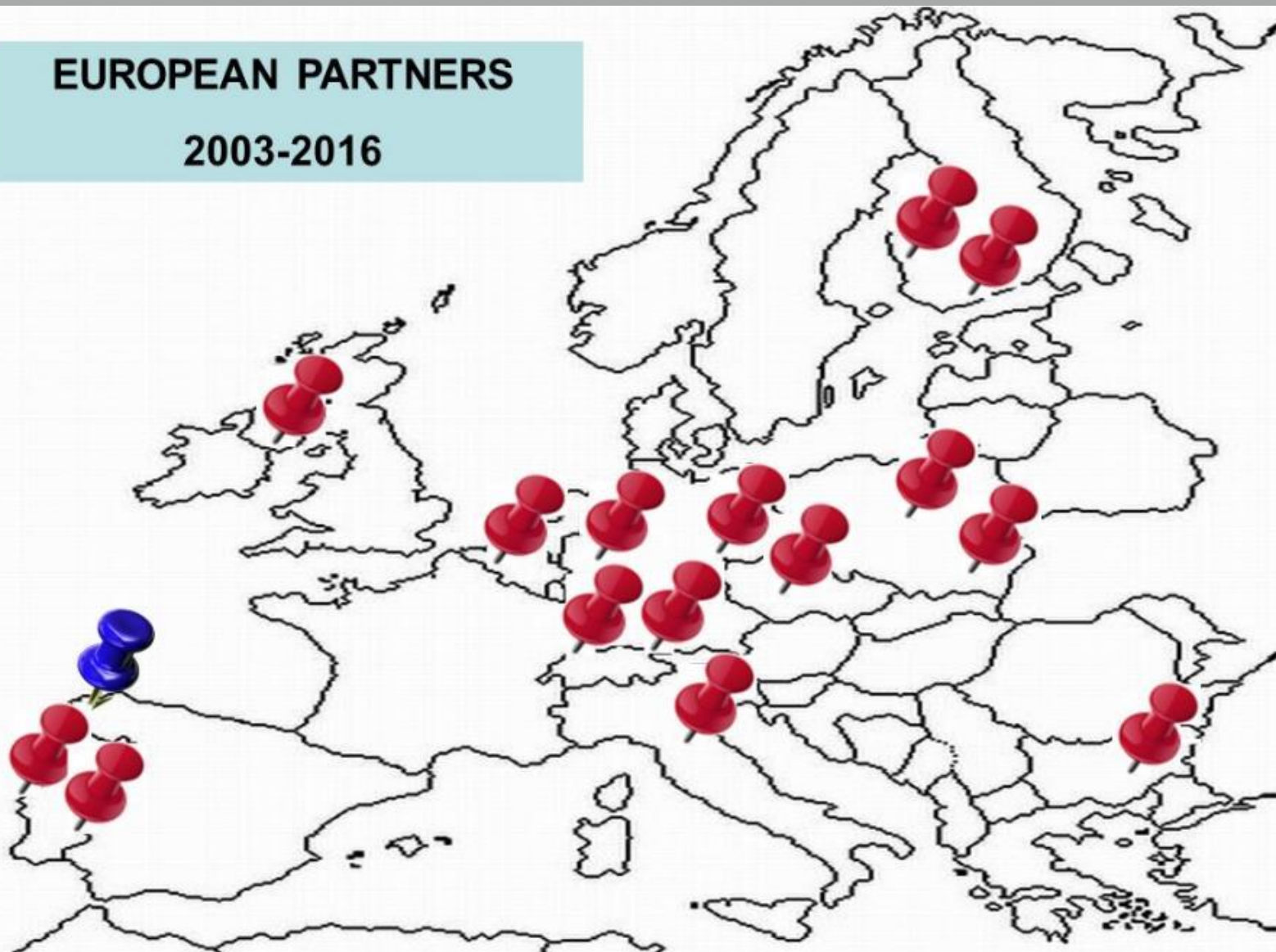
Objectives:

- To promote active European citizenship among senior students.
- To acquire new knowledge and skills with an active and participatory methodology.
- To improve the skills and competences already acquired by the students.
- To strengthen attitudes and abilities: to learn to learn, and to learn to collaborate.
- To adjust to the needs and potential of each individual learner.



EUROPEAN PARTNERS

2003-2016



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2003-2006:

European Senior Citizens' Storyboard



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**2006-2009:
Routes towards Europe**



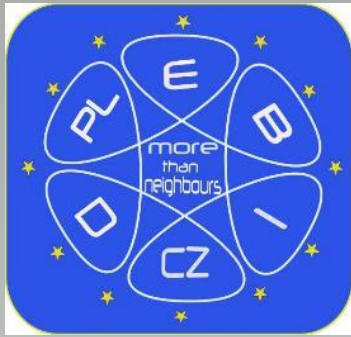
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2009-2011:
Our Continent - Our Culture



EUROPEAN DIMENSION – U. SENIOR



**2011-2013:
More than Neighbours!**



EUROPEAN DIMENSION – U. SENIOR

2008-2018: Bilateral Agreements

Without EU funding

Bilateral Agreements to develop exchanges of students and staff, at European level:

- Het Perspectief (Gent, Belgium).
- Comune di Scandiano (Emilia Romagna, Italy)
- Universidade da Grande Idade de Rio Tinto (Porto, Portugal)
- Programa de Estudos Universitários para Seniores. Universidade de Porto (Portugal)

Bilateral Agreements to develop exchanges of students and staff, at national level:

- Universidad de Valladolid
- Universitat Ramón Llull (Barcelona)
- Universitat Politècnica de Valencia
- Universidad de Salamanca



EUROPEAN DIMENSION – U. SENIOR

The topics of each European Educational Project are integrated into our curriculum through dedicated “European Workshops”.

- Two-hour meetings every fifteen days
- Lectures, research essays, visits
- ICT: i.e. Internet, e-mail, blogs, social networking
- Foreign languages: i.e. English conversation, and basic lessons of any other European language (Italian, German, ...).



EUROPEAN DIMENSION – U. SENIOR

2014-2016

- **ERASMUS+: Strategic Partnership KA2. ProHospiz**
 - 2014-2016: With partners in Germany, Romania, Poland, Portugal and Spain.
 - Result: a practice-oriented and multicultural guide for the establishment of services for elderly people adapted to the national realities.

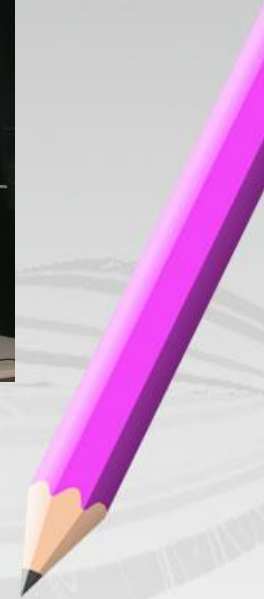
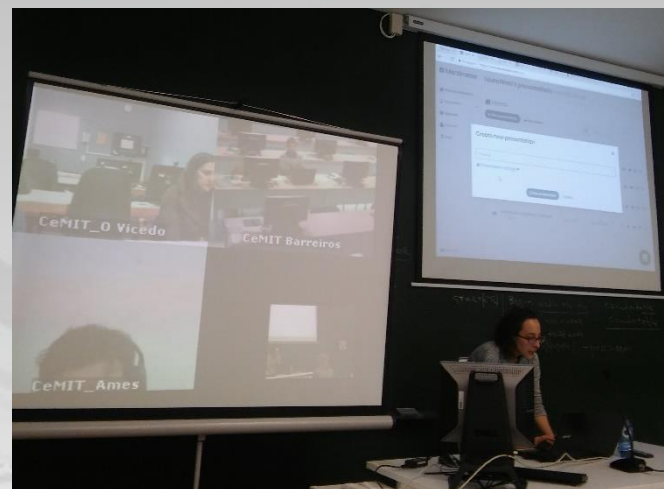


EUROPEAN DIMENSION – U. SENIOR

2017-2019



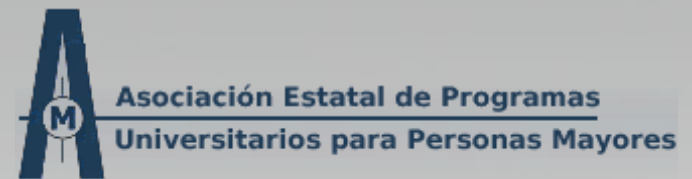
- **ERASMUS+: KA1 TIC-Tac +55. Combined Learning Techniques for People 55+**
 - Learning mobilities for the staff of a consortium of University Programmes for Older Adults.



EUROPEAN DIMENSION – U. SENIOR

National and International Networks:

- **AEPUM – Spanish National Association of University Programmes for Older Adults**
- **AIUTA – International Association of Universities of the Third Age**



AWARDS

- Best practices at the Spanish Network of University Programmes for Older Adults. 2016.
- 2nd Best practice at Spanish level on ICT teaching (singular initiative), and included at the European Catalogue of Best Practices 2015
- Best practices on preventing dependency, given by Xunta de Galicia, 2013
- Award “Miguel Hernández” given by the Ministry of Education of Spain, to the Senior University, for promoting European citizenship through several learning partnerships in the last 10 years, 2011.
- Award "Galicia Sénior" given by the regional government Xunta de Galicia, 2010.
- Award "Diario de Ferrol" given by this local newspaper for the activities of the Campus of Ferrol, 2010.



LIFELONG LEARNING IN HIGHER EDUCATION FOR SENIOR LEARNERS: UNIVERSIDADE SENIOR – UDC.



Senior University University of A Coruña

Thank you for your attention

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